

CERTIFICATE

OF PARTICIPATION

This is to certify that

Gilbert Senong

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 04:07:06

PACE 05:07/km

OVERALL 86 of 421

GENDER 76 of 366

40+ 20 of 111

26 October 2019, Sat

Date



BoutTime